



BREASTFEEDING GROUP DISCUSSION

This is an example of a breastfeeding group discussion, made for the assessment in Indonesia, after the earthquake in June 2006. It should be adapted to the specific situation you are in and the specific goals.

Date :

Name & function visitors :

Name location	
Name village	
Name subdistrict	
Name district	

GROUP INTERVIEWED:

- N° of mothers present:
- N° of pregnant women present:
- Give details on group (organisation, people coming to distribution, people gathered in village,...):

QUESTIONS:

1. Who takes care of the children usually? And now?
2. How many children < 2 years does a family have on average?
3. Until what age do you usually breastfeed exclusively? Has it changed since the earthquake? Why?
4. How many times per day do you usually breastfeed? Has it changed since the earthquake? Why?
5. Has there been any distribution of powder milk? By who? What quantities?
6. Do you use powder milk for children < 6 months, > 6 months? Why?
7. At what age do you introduce additional food? What do you usually give? Do you still give the same since the earthquake? If no, what did you give yesterday?
8. Do you have any problems during breastfeeding, or know somebody who does? Why do you think that is?
9. Are you able to run daily activities such as taking care of the children?
10. Do you notice some people with strange behaviour, unable to do anything?