

PART 4: TRAINING RESOURCE LIST

The training resource list is the fourth of four parts contained in this module. It provides a comprehensive list of reference material relevant to this module including guidelines, training courses and reference manuals. Part 4 provides background documents for trainers who are preparing training material.

What can you expect to find here?

1. An inventory of existing guidelines and manuals listed alphabetically by agency name with details about their availability.
2. A list of known training resources listed alphabetically by agency name with details about:
 - Overall content
 - Intended use
 - Target audience
 - Length of time the course session has been designed for

Guidelines and manuals

Many nutrition manuals and guidelines contain sections on interventions for the prevention and treatment of micronutrient malnutrition. The list presented here contains selected documents which are dedicated to or have sections with particular relevance to the contents of this module. Useful reference information on diagnosis and treatment is also available in many standard medical textbooks. Please also see the additional resources included in the list from module 4.

1. **WHO (2000) *The Management of Nutrition in Major Emergencies* Geneva: WHO.**

Availability: downloadable pdf format in English

Contact: <http://www.who.int/nutrition/publications/emergencies/en/index.html>

MANUAL

Chapter 1: Meeting nutritional requirements

Chapter 2: Major nutritional deficiencies in emergencies

Chapter 3: Assessment and surveillance of nutritional status

Chapter 4: Nutritional relief: General feeding programmes

Chapter 5: Nutritional relief: Selective feeding programmes

Chapter 6: Prevention and control of communicable diseases

Chapter 7: The context: emergency and preparedness and response programmes

2. **WHO&FAO (2006) *Guidelines on Food Fortification with Micronutrients*. Geneva: WHO.**

Availability: downloadable pdf format in English

Contact: <http://www.who.int/nutrition/publications/micronutrients/en/index.html>

Guidelines to assist countries design and implement appropriate food fortification programmes, intended as a resource for governments and agencies implementing programmes and for scientists doing research. They are written from a nutrition and public health perspective and provide practical guidance set out in four parts.

Part 1. The role of food fortification in the control of micronutrient malnutrition

Part 2. Evaluating the public health significance of micronutrient malnutrition

Part 3. Fortificants: Physical characteristics, selection and use with certain vehicles

Part 4. Implementing effective and sustainable food fortification programmes

TRAINING RESOURCE LIST

3. **WHO, WFP&UNICEF (2006). *Preventing and controlling micronutrient deficiencies in populations affected by an emergency. Joint statement of the World Health Organization, the World Food Programme and the United Nations Children's Fund, 2006.* Geneva: WHO.**
Availability: downloadable pdf format in English
Contact: <http://www.who.int/nutrition/publications/micronutrients/en/index.html>
Provides guidance on the composition of multiple micronutrient supplements for women and children.
4. **WHO&UNICEF (2006) *Iron supplementation of young children in regions where malaria transmission is intense and infectious disease highly prevalent***
Availability: downloadable pdf format in English
Contact: <http://www.who.int/nutrition/publications/micronutrients/en/index.html>
Results from a large scale iron and folic acid supplementation trial were published in 2006 and indicated negative effects when children without iron deficiency were supplemented in a malaria endemic area. This statement was issued by WHO in response to these results and recommends that iron and folic acid supplements are only targeted to those with anaemia in areas where the prevalence of malaria or other infectious diseases is high.
5. **WHO&UNICEF (2004) *Focusing on anaemia: Towards an integrated approach for effective anaemia control***
Availability: downloadable pdf format in English
Contact: http://www.who.int/nutrition/publications/micronutrients/anaemia_iron_deficiency/en/index.html
6. **WHO, UNICEF&IVACG Task Force (1997) *Vitamin A supplements: a guide to their use in the treatment and prevention of vitamin A deficiency and xerophthalmia***
Availability: downloadable pdf format in English
Contact: http://www.who.int/nutrition/publications/micronutrients/vitamin_a_deficiency/en/index.html
7. **WHO (2003) *Nutrient requirements for people living with HIV/AIDS: Report of a technical consultation. World Health Organization, Geneva, 13-15 May 2003***
Availability: downloadable pdf format in English
Contact: <http://www.who.int/nutrition/publications/hivaids/en/index.html>
GUIDELINES that contain the current consensus view on the nutritional requirements of people living with HIV/AIDS. Please note that knowledge in this area is evolving and these recommendations may well be subject to change in the near future.

Training courses

8. **FSAU and FAO (2000). *Micronutrient Flip Chart.***
Availability: downloadable pdf format in English
Contact: <http://www.fsnao.org/products/manuals-guides>
FLIP CHARTS on micronutrients designed for training for mid-level management of health workers with a health background. A facilitator's script with questions is included. This was designed for use in Somalia but can be applied elsewhere.
9. **UNHCR and UCL-CIHD (2003) *Micronutrient Malnutrition – Detection, Measurement and Intervention: A Training Pack for Field Staff.***
Availability: downloadable PowerPoint files in English
Contact: www.ucl.ac.uk/cihd/research/nutrition/tools
A TRAINING COURSE on micronutrient malnutrition made up of POWER POINT presentations, Handouts and Photo cards aimed at raising awareness of micronutrient deficiencies among health and nutrition field staff. Material from this course has been used extensively in the design of this module.
Session 1: Important Nutrition Concepts
Session 2: Micronutrient Deficiency Diseases
Session 3: Detection and Prevention

ISBN: 978-1-908182-00-5

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