

PART 4: TRAINING RESOURCE LIST

The training resource list is the fourth of four parts contained in this module. It provides a comprehensive list of reference material relevant to this module including guidelines, training courses and reference manuals. Part 4 provides background documents for trainers who are preparing training material.

What can you expect to find here?

1. An inventory of existing **guidelines, manuals** and **technical papers** listed alphabetically by agency name with details about their availability.
2. A list of known **training resources** listed alphabetically by agency name with details about:
 - Overall content
 - Intended use
 - Target audience
 - Length of time the course session has been designed for

In addition to the list below of published documentation we strongly recommend that:

- A **country or region-specific** search is carried out for documents on:
 - National and regional early warning systems
 - National vulnerability assessments (VAC documentation)
 - Demographic and health survey results
 - Food security surveys/assessments
 - National protocols for therapeutic care programmes and supplementary feeding programmes
 - Breastfeeding and infant feeding policy
 - Breastfeeding and infant feeding policy for HIV-positive mothers
 - Statistics on HIV and AIDS nutrition in-country programming
 - National HIV and AIDS strategic plans of action

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Highly recommended for consultation are:

- Food and Nutrition Technical Assistance Project (FANTA), www.fantaproject.org
- ODI/Humanitarian Practice Network, www.odi.org.uk
- ReliefWeb, www.reliefweb.org
- Active Learning Network for Accountability (ALNAP), www.alnap.org
- Monitoring and Evaluation NEWS, focusing on developments in M&E, at <http://mande.co.uk/>
- SMART (Standardized Monitoring and Assessment of Relief and Transitions), <http://www.smartmethodology.org/>
- United Nations agencies: UNICEF, www.unicef.org; WHO, www.who.org; UNHCR, www.unhcr.org; FAO, www.fao.org, WFP, www.wfp.org, UNSCN, www.unscn.org
- International Red Cross and the International Federation of the Red Cross and Crescent, www.icrc.org and www.ifrc.org
- Humanitarian Reform, in particular Initial Rapid Assessment form (IRA), www.humanitarianreform.org

Guidelines and manuals

There are numerous guidelines to nutrition intervention in emergencies and the majority have sections or chapters on how to carry out assessments, establish and use monitoring systems and carry out evaluations. In addition there are specific resource materials that deal exclusively with assessments, monitoring and evaluation.

The resources below are organized in the following manner:

A: Resources exclusively referring to Nutrition M&E

B: Resources with chapters/sessions linked to specific nutrition intervention

C: General resources for additional reference on nutrition in emergencies

A: Nutrition M&E in Emergencies

1. **FANTA (2004). Anthropometry Basics: FANTA bookmark. Washington: FANTA.**
Useful quick reference on anthropometry for practitioners
Availability: Hardcopy and bookmark format on website
Contact: <http://www.fantaproject.org/bookmarks/index.shtml>
2. **FANTA (2006). Assessing Nutrition Situations in Emergencies. Washington: FANTA.**
Presents clear information on malnutrition classification and cut offs with commonly used eligibility criteria for selective feeding programs.
Availability: Hardcopy. Bookmark format
Contact: <http://www.fantaproject.org/bookmarks/index.shtml>
3. **FANTA (2006, 27 July). Out with the old? In with the new? Implications of the new WHO 2006 Child Growth Standards. Alison Tumilowicz, Ph.D., Megan Deitchler, MPH CORE Illuminate Session. Washington: FANTA.**
Presentation of how the growth standards published by WHO will affect assessment (individual and population)
Availability: PowerPoint presentation and PDF for download
Contact: www.fantaproject.org/downloads/pdfs/WHO_growth_July2006.pdf
4. **FAO (2005). Protecting and Promoting Good Nutrition in Crisis and Recovery Rome: FAO.**
For nutrition planners in emergencies. Presents a multisectoral and practical vision of nutrition intervention.
Approach to achieving the common goal of improved nutritional well-being
Availability: hardcopy and download PDF
Contact: www.fao.org
Email: Publications-sales@fao.org

5. **FSAU&FAO (2005). Nutrition, a Guide to Data Collection, Analysis, Interpretation and Use. Nairobi: FSAU.**
Manual aimed at mid-level managers in all sectors who would like to better understand nutrition information and its use.
Availability: Download from website at <http://www.fsau.org/downloads/Nutrition-Guide-to-Data-Collection-Interpretation-Analysis-and-Use-English.pdf>
6. **IFRC (2006). How to Conduct a Food Security Assessment: A Step-by-Step Guide for National Societies in Africa - second edition Geneva: IFRC.**
Guide on how to carry out a food security assessment for practitioners.
Availability: Hardcopy or download from website.
Contact: www.ifrc.org
7. **IASC Gender Marker 2011 – Nutrition Gender Marker Kit**
Provides detailed information on mainstreaming gender in emergency nutrition interventions, including the development of gender sensitive indicators for monitoring and evaluation.
Available at: <http://oneresponse.info/crosscutting/gender/Gender%20Marker%20Materials/Nutrition%20Gender%20Marker%20Kit.pdf>
8. **Save the Children United Kingdom (2004). Emergency nutrition assessment. Guidelines for field workers. London: SCUK. ISBN 1 84187 090 0**
Availability: Purchase details on website
Contact: http://www.savethechildren.org.uk/en/54_2320.htm
9. **SCN&CDC (2000). Adolescents: Assessment of Nutritional Status in Emergency-affected Populations. Geneva: SCN.**
One of the few publications on adolescent nutrition (10-19 years).
A useful guide for assessing nutrition status of this age group.
Availability: Hardcopy and downloads available from ACC/SCN.
Contact: www.unscn.org
10. **SCN (2000). Adults: Assessment of Nutritional Status in Emergency-affected Populations. Geneva: SCN.**
This supplement provides a simple guide for measuring adult anthropometry.
Availability: Hardcopy and downloads available from ACC/SNC.
Contact: www.unscn.org
11. **SCN Working Group on Nutrition in Emergencies (2007). Draft Statement on the Use of the WHO 2006 Growth Standards in Emergency Nutrition Programmes. Geneva: SCN.**
Statement on the new growth standards, necessary for the interpretation of nutrition data for use in emergencies.
Availability: Hardcopy and download
Contact: www.unscn.org
12. **SCN Task Force on Assessment, Monitoring and Evaluation (2008). Food and Nutrition Indicators, Key Documentation on indicators for development and emergencies – a preliminary reference list**
Available at: http://www.unscn.org/files/Task_Forces/Assessment_Monitoring_and_Evaluation/repository_food_and_nutrition_indicators.pdf
13. **UNHCR guidelines Interagency Health and Nutrition Evaluations in Humanitarian Crises (2007)**
Available at <http://www.unhcr.org/47692e3b4.html>
14. **University of Nairobi, FSAU&FAO (2005). Training Package of Materials for the Course Food and Nutrition Surveillance and Emergency. Nairobi: University of Nairobi.**
The course has an operational focus, and at the same time incorporates relevant applied research.
Availability: Hardcopy and electronically from the Digital Library
Contact: http://www.unscn.org/en/resource_portal/index.php?themes=196

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15. **WFP (2005). Food and Nutrition Handbook. Rome: WFP.**
Training guide for measuring malnutrition and carrying out food and nutrition assessments
Availability: Hardcopy and for download
Contact: www.wfp.org
16. **UNHCR/WFP (2004, June). Joint Assessment Guidelines (with tools and resources). Rome: WFP.**
Manual and training guide to food security and nutrition assessment.
Availability: Download from website at <http://documents.wfp.org/stellent/groups/public/documents/ena/wfp038210.pdf>
17. **WHO (2000). The Management of Nutrition in Major Emergencies. Geneva: WHO.**
Guidelines for practitioners that are required to manage nutrition interventions in emergencies. ISBN-13 9789241545204
Availability: For sale from WHO, details on website
Contact: www.who.int/booksales

B: Nutrition interventions with M&E component**Infant and young child feeding:**

1. **IFE Core Group (2007). Infant and Young Child Feeding in Emergencies: Operational Guidance for Emergency Relief Staff and Programme Managers Version 2.1 Oxford: IFE Core Group.**
Key guidelines for infant and young child feeding in emergencies, including HIV and AIDS guidelines.
For practitioners managing IYCF programmes
Availability: Hardcopy and for download on the website in a number of languages
Contact: <http://www.enonline.net/ife>
2. **LINKAGES (2006). Infant Feeding Key Indicator Manual**
3. **UNICEF (2011): Infant and Young Child Feeding Programming Guide**
Includes a chapter on IYCF in emergencies and a chapter on M&E of IYCF interventions
Available at: www.unicef.org
4. **WHO (2004). Guiding Principles for Feeding Infants and Young Children during Emergencies. Geneva: WHO.**
Manual for feeding of infants and young children during emergencies. For practitioners, planners and decision makers.
Has a section on monitoring and assessment of children in selective feeding programmes
Availability: Hardcopy and for download on website
Contact: www.who.int/nutrition/topics/feeding_difficulty

Management of moderate and severe acute malnutrition:

1. **FANTA (2008) Training Guide for community based management of acute malnutrition**
Module 8 specifically covers the monitoring and reporting on CMAM
Contact: <http://www.fantaproject.org/cmam/training.shtml>
2. **Valid International (2006). Community-based Therapeutic Care. A Field Manual. Oxford: Valid International.**
Field manual with extensive information in outpatient care and many aspects of programme set up and management.
For managers and health workers
Availability: Book or electronic copies on website
Contact: <http://www.validinternational.org/demo/ctc/reports.php>
3. **WHO (2000). Management of the child with a serious infection or malnutrition. Geneva: WHO.**
Guidelines for medical and nutritional management of SAM, and IMCI programmes. For health workers
Availability: Book or electronic copies on website
Contact: <http://www.who.int/nutrition/publications/malnutrition/en>

- WHO (2003). Training course on the management of severe malnutrition. Geneva: WHO.**
Seven modules with instructors' and participants' guides.
Handouts and visuals (slides) on medical and nutritional management of SAM. For health workers
Availability: Hardcopy and for download on website
Contact: www.who.int/nutrition/publications/malnutrition/en/index.html
- WHO – LSHTM (2003). Guidelines for the Inpatient treatment of severely malnourished children. Geneva: WHO.**
Guidelines for medical and nutritional management of SAM. Aimed at health workers.
Availability: Book or electronic copies at website
Contact: www.who.int/nutrition/publications/malnutrition/en

General food distribution:

- WFP Monitoring and evaluation guidelines**
Available at <http://www.wfp.org/content/monitoring-and-evaluation-guidelines>
- UNHCR, UNICEF, WFP, &WHO (2003). Food and Nutrition Needs in Emergencies Geneva: United Nations**
Practitioners guide for planning for general food distribution
Availability: Hardcopy and as download from website:
Contact: <http://whqlibdoc.who.int/hq/2004/a83743.pdf>

Emergency Livelihood interventions:

- FANTA (2006, September). Household Dietary Diversity Score (HDDS) for Measurement of Household Food Access: Indicator Guide, Version 2. Washington: FANTA.**
This guide provide background on the indicator dietary diversity indicator and guidance on data collection (including questionnaire format) and analysis.
Availability: Download and in hard copy
Contact: www.fantaproject.org/publications
- FANTA (2007). Household food Insecurity Access Scale (HFIAS) for Measurement of Food Access Indicators Guide, Version 3. Washington: FANTA.**
Guidelines outlining household food insecurity access scale as a method for assessing food insecurity by looking at food access. Guidelines for practitioners evaluating food access in food security programming
Availability: Download on site and in hard copy
Contact: www.fantaproject.org/publications
- SCUK (2008). The practitioners Guide to the Household Economy Approach. London: SCUK.**
A teaching manual describing the components of the Household Economy Approach and the practical techniques needed to use them.
Availability: Hard copy and downloadable from Save the Children UK.
Contact: www.savethechildren.org.uk
- Tufts University Feinstein International Centre (2008); Participatory Impact Assessment. A guide for practitioners.**
A guide to provide practitioners with a broad framework for carrying out project level participatory impact assessments of livelihood interventions in the humanitarian sector
Available at <https://wikis.uit.tufts.edu/confluence/display/FIC/Participatory+Impact+Assessment>

HIV and AIDS:

- FANTA (2008). A Guide to Monitoring and Evaluation of Nutrition Assessment, education and counselling of people living with HIV/AIDS.**
This guide provides guidance on M&E framework and suitable process, performance and outcome indicators and data collection methods for nutrition assessment, education and counselling interventions for PLWHIV.
Available from website
Contact: <http://www.fantaproject.org/publications/NAEC.shtml>

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2. **WHO, UNICEF, UNFPA&UNAIDS (2003). HIV and Infant Feeding Guidelines for Decision-Makers. Geneva: United Nations.**
Guidelines for decision makers in emergencies on the HIV and infant feeding challenges in emergencies. There is a chapter on monitoring, formative research and evaluation. More recent updates including latest evidence are also available at the same site.
Availability: Hardcopy and as download from website
Contact: http://www.who.int/nutrition/topics/feeding_difficulty/en/
3. **WHO, UNICEF, UNFPA, &UNAIDS (2003). HIV and Infant Feeding – A Guide for health Care Managers and Supervisors. Geneva: United Nations.**
Similar guide as above but with a focus on practitioners who are running and managing infant feeding programmes. There is a specific chapter on M&E of these interventions.
Availability: Hardcopy and as download from website
Contact: http://www.who.int/nutrition/topics/feeding_difficulty/en/

Micronutrient interventions:

1. **UNHCR&CIH (2003). Micronutrient Malnutrition- Detection, Measurement and Intervention- Training Pack for Field Staff. Geneva: UNHCR.**
A training course on micro-nutrient considerations in health and nutrition programmes. The training pack includes assessment techniques and how to monitoring population and individual micro-nutrient deficiencies.
Availability: Hard copy and as download from website
Contact: www.unhcr.org/cgi-bin/txis/vtx
2. **WHO Vitamin and Mineral Nutrition Information System**
This includes a section on monitoring and evaluation.
Available at: <http://www.who.int/vmnis/toolkit/en/>
3. **WHO/CDC Indicators Inventory for Monitoring and Evaluating Micronutrient Interventions**
Available at http://www.who.int/vmnis/toolkit/monitoring_evaluation_inventory/en/index.html

C: General references

4. **Emergency Nutrition Network (Field Exchange), www.enonline.net**
5. **FANTA (2006). Monitoring and Evaluation Framework for Title II Development-oriented projects**
Although aimed at development projects, this document contains some useful information on the developing M&E frameworks.
Contact: <http://www.fantaproject.org/focus/monitoring.shtml>
6. **FANTA&RCQHC (2003). Handbook Developing and Applying National Guidelines on Nutrition and HIV/AIDS. FANTA, RCQHC**
Handbook designed to increase nutrition capacity in East and southern Africa with a focus on the processes involved when adapting existing nutritional guidelines to suit country-specific situations and objectives.
A useful guide on how to adapt standard practice to specific situations
Contact: www.fantaproject.org
7. **IASC Global Health Cluster Guide (2009)**
A useful reference document for information on the monitoring and evaluation of health interventions in emergencies.
Available at: <http://onerresponse.info/resources/NeedsAssessment/publicdocuments/Health%20Cluster%20Guide.pdf>
8. **The Sphere Project (2011). Humanitarian Charter and Minimum Standards in Humanitarian Response. Geneva: The Sphere Project.**
The Sphere Project has chapters relevant to nutrition and to M&E.
Availability: Hardcopy and electronically by download from website
Contact: www.sphereproject.org

9. **UNICEF Behaviour Change Communication in Emergencies: A Tool kit**
A comprehensive overview of tools for the monitoring and evaluation of BCC in emergencies, including qualitative approaches.
Available at http://www.unicef.org/ceecis/BCC_full_pdf.pdf
10. **UNICEF (2007). Emergency Field Handbook: A Guide for UNICEF staff. New York: UNICEF.**
For field staff aimed to provide guidance on all aspects of emergency planning and intervention to UNICEF staff, including food and nutrition interventions
Availability: Hardcopy and as a download from the website
Contact: www.unicef.org

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