

PART 4: TRAINING RESOURCE LIST

The training resource list is the fourth of four parts contained in this module. It provides a comprehensive list of reference material relevant to this module including guidelines, training courses and reference manuals. Part 4 provides background documents for trainers who are preparing training material.

What can you expect to find here?

1. An inventory of existing **guidelines** and **manuals** listed alphabetically by agency name with details about their availability.
2. An inventory of some of the most useful research, publications and internet resources and website links pertinent to the module topic.

Guidelines and manuals

There are numerous guidelines to nutrition intervention in emergencies and the majority have sections or chapters on how to carry out assessments, establish and use monitoring systems and carry out evaluations. In addition there are specific resource materials that deal exclusively with assessments, monitoring and evaluation.

1. ACF (2006). Adult malnutrition in emergencies: a review of diagnosis and treatment. Field guidelines.

Version 3. September.

Authored by: Carlos Navarro-Colorado

Availability: Downloadable as a pdf online

Contact: <http://www.actioncontrelafaim.org/>

Available at: http://www.actioncontrelafaim.org/sites/default/files/publications/fichiers/adult_malnutrition_guidelines_gb0108-sept2006_0.pdf

2. ACF (2010). Taking action: nutrition for survival, growth and development.

White Paper that emphasise the lifecycle approach (page 29) and includes references to adults and older people.

Authored by: Ellen Girerd-Barclay

Availability: Downloadable as a pdf online

Contact: <http://www.actioncontrelafaim.org/>

Available at: http://www.actionagainsthunger.org.uk/fileadmin/contribution/0_accueil/pdf/ACF%20International%20White%20Paper.pdf

3. FAO (2005). Protecting and promoting good nutrition in crisis and recovery. Rome: FAO.

Guidelines designed to further the development of a more strategic focus that strengthens programme planners' capacity to protect and promote good nutrition in crisis situations.

Availability: Printed and downloadable as a pdf online in English

Contact: <http://www.fao.org/>

Available at: <http://www.fao.org/docrep/008/y5815e/y5815e00.htm>

4. HelpAge International/UNHCR/ECHO (1999). Older people in disasters and humanitarian crises: guidelines for best practice. London.

These guidelines for best practice are based on wide ranging research from Asia, Africa, Europe and the Americas and many years of global disaster experience. They aim to help relief agencies meet the special needs of older people in emergencies. The guidelines give examples of key approaches and actions that could help the humanitarian community decrease the vulnerabilities associated with ageing. They also suggest ways to enhance the capacities and contributions of older people in emergencies.

Availability: Order printed copy in English, downloadable as pdf

Contact: <http://www.helpage.org/>

Availability: http://www.sheltercentre.org/sites/default/files/UNHCR_OlderPeopleInDisasters.pdf

5. HelpAge International and the London School of Hygiene and Tropical Medicine (1999). Better Nutrition for Older People: assessment and action.

Easy-to-use, simple language field handbook produced to enable organizations working with older people in developing countries to assess and improve the nutritional status of older adults. The handbook draws on operational field research programmes in India (urban slum), Tanzania (refugee camp) and Malawi (rural area). The first publication of its type, now needs updating and revision.

Authored by: Suraiya Ismail and Mary Manandhar

Availability: Currently out of print, originally version in English, French version available from the HelpAge International East, West and Central Africa Regional Development Centre, Nairobi.

Contact: <http://www.helpage.org/> or helpage@helpage.co.ke

- 6. HelpAge International and African Regional Development Centre (2001). Addressing the Nutritional needs of Older People in Emergency Situations in Africa: Ideas for Action. London: HelpAge.**
Technical paper that brings together key issues affecting the nutrition of older people in emergencies and suggests ways in which the rights and needs of older people can be more effectively addressed.
Authored by: Anneliese Borrel
Availability: Printed and downloadable as a pdf version in English
Contact: <http://www.helpage.org/>
Available at: <http://www.forcedmigration.org/sphere/pdf/food/helpage/nutritional-needs.pdf>
- 7. HelpAge International (2002). Participatory research with older people: a sourcebook.**
A practical sourcebook on how to engage with older people through participatory processes for research and programme planning. Includes case studies from HelpAge International and its overseas partners, a series of participatory exercises and tools, practical examples of materials developed and a glossary of terms.
Authored by: Amanda Heslop
Availability: Printed in English and downloadable as a pdf
Contact: <http://www.helpage.org/>
Available at: <http://www.globalaging.org/elderrights/world/sourcebook.pdf>
- 8. HelpAge International and International Federation of the Red Cross and the Red Crescent (2011). Guidance on including older people in emergency shelter programmes.**
A booklet that provides a framework for the different phases of a shelter programme (temporary, transitional and permanent) with guidelines for including older people in shelter programmes.
Availability: Printed in English and downloadable as a pdf
Contact: www.helpage.org/
Available at: <http://www.helpage.org/what-we-do/emergencies/guidance-on-including-older-people-in-emergency-shelter-programmes/>
- 9. HelpAge International and UNHCR (2008). Note on Communicating with Older People, 10 July 2008.**
Authored by: Susan Erb
Availability: Downloadable as a word document in English
Contact: <http://www.humanitarianresponse.info/themes/age>
Available at: <http://oneresponse.info/crosscutting/age/publicdocuments/Forms/DispForm.aspx?ID=1>
- 10. HelpAge International and UNFPA (2011). Manual for MIPAA plus 10 Bottom-Up, Participatory Approach. "The voices of older persons. A contribution to the State of the World's Older Persons, 2012".**
Availability: Printed and downloadable as a pdf
Contact: <http://www.helpage.org/>
Available at: www.helpage.org/download/4e427cf44ec0b/
- 11. HelpAge International / IASC (2008). Humanitarian action and older persons: an essential brief for humanitarian actors. An important advocacy paper on humanitarian assistance and older people developed by a wide range of humanitarian actors.**
Availability: Printed in English and downloadable as a pdf
Contact: <http://www.helpage.org/>
Available at: <http://www.enonline.net/resources/658>
- 12. Humanitarian Response (2011). Age and emergencies: key things to know.**
Tip sheet on dealing with older people in emergencies.
Availability: Downloadable as a word document in English
Contact: <http://www.humanitarianresponse.info/>
Available at: <http://www.humanitarianresponse.info/document/age-and-emergencies-tip-sheet>

TRAINING RESOURCE LIST

13. IASC Nutrition Cluster (2008). A toolkit for addressing nutrition in emergency situations.

The toolkit describes tools and approaches representing the current thinking in nutrition. The toolkit does not provide information on measuring nutritional status, rapid assessments, needs assessments, early warning or evaluating interventions. It provides the what, why, when, and how for different nutrition interventions, including basic monitoring benchmarks and expected standards. The toolkit offers guidance and support for nutritionists and humanitarian workers to ensure that basic guidelines are followed and the basic nutritional needs of populations in emergencies are met. It is not intended to be an exhaustive resource for each intervention presented, but rather an overview for interventions to be considered with references and links to more detailed technical guidance for each issue.

Availability: Downloadable as a pdf from the Global Nutrition Cluster. The toolkit is available in English, French, Spanish and Arabic.

Contact: http://www.unicef.org/nutritioncluster/index_training.html

Available at: www.humanitarianreform.org/humanitarianreform/Default.aspx?tabid=74

<http://www.enonline.net/resources/568>

14. IASC (2003). Guidelines for HIV/AIDS Interventions in Emergency Settings. Geneva: IASC.

Guidelines to help individuals and organizations to address the special needs of HIV and HIV-affected people living in emergency situations.

Availability: Printed in English and downloadable as a pdf

Contact: <http://www.unaids.org>

Available at: www.humanitarianinfo.org/iasc/downloaddoc.aspx?docID=5145

15. ICRC and International Federation of Red Cross and Red Crescent Societies (2007). Guidelines for cash transfer programming. Geneva: ICRC and IFRC.

Guidelines on how to use cash and vouchers in multi-sectoral integrated programming, planning and disaster response. Provide practical step by step support to the design and implementation of cash programmes.

Availability: Printed in English and downloadable as a pdf

Contact: <http://www.icrc.org>

Available at: <http://www.ifrc.org/Global/Publications/disasters/guidelines/guidelines-cash-en.pdf>

16. ICRC (2008). Nutrition Manual for Humanitarian Action (Manuel de nutrition pour l'intervention humanitaire). Geneva: ICRC.

Manual with a comprehensive description of nutrition in emergencies for ICRC staff.

Availability: Printed and downloadable pdf version in English and French

Contact: <http://www.icrc.org>

Available at: <http://www.icrc.org/eng/resources/documents/publication/p0820.htm>

<http://www.icrc.org/fre/resources/documents/publication/p0820.htm>

17. Médecins Sans Frontières (1995). Nutrition Guidelines. MSF.

Guidelines to facilitate the application of fundamental concepts and principles necessary for the assessment of nutritional problems and the implementation of nutritional programmes in emergency situations. The guidelines are aimed at fieldworkers and are presented in three parts.

Available: Revised edition in printed format in English, French and Spanish

Contact: <http://www.msf.org>

Available at: <http://www.unhcr.org/3c4d391a4.html>

18. Nutval

Nutval is a spread sheet application developed through WFP, UNHCR, University College London and the IASC Global Nutrition Cluster for planning, calculation and monitoring of nutritional value of general food rations. Nutval aims to ensure a nutritionally adequate ration to minimize public health problems such as micronutrient deficiencies.

Availability: Download Excel spread sheet in English

Contact: www.nutval.net

Available at: <http://www.nutval.net/>

19. Overseas Development Institute (2005). Protecting and assisting older people in emergencies.

ODI Network Paper 53.

This paper argues that changes are required in the way essential services are delivered, and in how older people are viewed.

Authored by: J. Wells

Availability: Printed in English and downloadable as a pdf

Contact: <http://www.odi.org.uk/>

Available at: <http://www.odihpn.org/documents/networkpaper053.pdf>

20. The Sphere Project (2011). Humanitarian Charter and Minimum Standards in Humanitarian Response. Geneva: The Sphere Project.

The new edition of the Sphere Handbook takes into account recent developments in humanitarian practice in water and sanitation, food, shelter and health, together with feedback from practitioners in the field, research institutes and cross-cutting experts in protection, gender, children, older people, disabled people, HIV/AIDS and the environment. It is the product of an extensive collaborative effort that reflects the collective will and shared experience of the humanitarian community, and its determination to improve on current knowledge in humanitarian assistance programmes.

Availability: Available in English, French, Spanish, Arabic in hard copy; CD-ROM and electronically via the sphere website

Contact: www.sphereproject.org

Available at: <http://www.spherehandbook.org/>

21. UNHCR policy on older refugees (October 2000).

As endorsed at the 17th Meeting of the Standing Committee, 29 February – 2 March 2000.

This policy seeks to highlight that older refugees often serve as formal and informal leaders of communities; they are valuable resources for guidance and advice, and transmitters of culture, skills and crafts that are important in preserving the traditions of the dispossessed and displaced.

Availability: Online

Contact: <http://www.unhcr.org>

Available at: <http://www.unhcr.org/4e857c279.html>

22. UNHCR, UNICEF, WFP and WHO (2005). Food and Nutrition Needs in Emergencies. Geneva: United Nations.

This manual aims to strengthen the understanding of managers and practitioners to ensure the food and nutrition needs of affected populations are addressed appropriately.

Availability: Printed version and pdf downloadable in English

Contact: <http://www.who.int>

Available at: <http://whqlibdoc.who.int/hq/2004/a83743.pdf>

23. UNHCR (2003). Handbook for Registration: Procedures and Standards for Registration, Population Data Management and Documentation, Geneva: United Nations.

Guidelines on registration, documentation and population data management in various operational contexts. It defines new standards and processes for registration.

For managers and practitioners involved in registration in a camp setting.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unhcr.org>

Available at: <http://www.unhcr.org/refworld/pdfid/3f967dc14.pdf>

24. UNHCR (2007). Handbook for Emergencies, 3rd ed. Geneva: United Nations.

A reference tool which serves to reinforce a common understanding among the main key actors in emergency situations. Of particular relevance is the section on Community Services and Education which refers to groups at risk and vulnerable groups, which includes older persons.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unhcr.org>

Available at: <http://www.unhcr.org/472af2972.pdf>

TRAINING RESOURCE LIST

25. UNHCR (1997). Commodity Distribution: A practical guide for field staff. Geneva: United Nations.

This guide outlines procedures to assist UNHCR field staff and operational partners in the design and implementation of systems for commodity distribution, needs assessment, the planning of rations and the management of the logistics chain.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unhcr.org>

Available at: <http://www.unhcr.org/3c4d44554.pdf>

26. UNHCR and WFP (2004). Integration of HIV/AIDS activities with food and nutrition support in refugee settings: Specific programme strategies. Geneva: United Nations.

Provides practical guidance on the integration of food and nutrition programmes with support activities for people with HIV/AIDS among refugees and host populations. While the guidelines focus mainly on refugees, internally displaced populations and asylum-seekers, they are also applicable to host communities and other emergency-affected populations.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unhcr.org>

Available at: <http://www.unhcr.org/45fa72ea2.html>

27. UN ACC/Sub-Committee on Nutrition, 2000. Supplement: Assessment of nutritional status of adults in emergency-affected populations.

Authored by Collins S, Duffield A and Myatt M.

Availability: Downloadable as a pdf

Contact: <http://www.unscn.org/>

Available at: <http://www.unscn.org/layout/modules/resources/files/AdultsSup.pdf>

28. WFP (2009). Cash and Vouchers Manual. Rome: WFP.

This manual defines processes, procedures, safeguards and standards to guide the application of cash and vouchers in WFP.

Availability: pdf downloadable from website in English

Contact: <http://www.wfp.org>

Available at: http://foodsecuritycluster.org/c/document_library/get_file?p_l_id=224242&groupId=120482&folderId=196617&name=DLFE-11131.pdf

29. WFP (2008). Food Assistance in the Context of HIV: Ration Design Guide. Rome: WFP.

This guide has been prepared primarily for WFP programme officers in the field who are responsible for designing rations for HIV programmes. The guide will also be helpful to other agencies, including WFP cooperating partners, to help them understand the rationale behind different WFP rations and to strengthen partnership.

Availability: pdf downloadable from website in English

Contact: <http://www.wfp.org>

Available at: http://www.unscn.org/layout/modules/resources/files/Food_Assistance_in_the_Context_of_HIV_Ration_Design_Guide.pdf

30. WFP (2005). Food and Nutrition Handbook. Rome: WFP.

Manual designed to enable staff to assess and analyse the nutrition situation in their country or region. It aims to help manage the design, implementation, monitoring and evaluation of interventions. It is designed as a stand-alone document, but can be used with the WFP basic training course Nutrition in Emergencies. The manual provides a comprehensive overview for planning, implementing and monitoring a food distribution.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.wfp.org>

Available at: <http://skishore.wikispaces.com/file/view/FN+Handbook.pdf>

31. WFP (2002). Emergency Field Operations Pocketbook. Rome: WFP.

A quick-reference resource for all WFP staff engaged in the provision of humanitarian assistance in the field. The Pocketbook provides a brief aide-mémoire on relevant WFP policies, guidelines and procedures; check-lists and data that may be useful for assessment, planning, monitoring and problem-solving field visits; cross-references to more detailed guidance.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.wfp.org>

Available at: http://www.unicef.org/emerg/files/WFP_manual.pdf

32. WFP (2006). Food Distribution Guidelines. Rome: WFP.

Guiding principles of food distributions including general food distribution, food-for-work and vulnerable feeding.

Availability: Printed version in English

Contact: <http://www.wfp.org>

33. WFP and UNHCR (1997). Guidelines for estimating: Food and nutritional needs in emergencies. Rome: WFP.

These guidelines describe the rationale for increasing the ration from 1,900kcal to 2,100kcal and describes the factors to consider when planning a ration.

Availability: Printed version and pdf downloadable from website in English

Contact: www.wfp.org

Available at: <http://www.unhcr.org/3b9cbef7a.html>

34. WHO (1995). Physical status: the use and interpretation of anthropometry. Report of a WHO Expert Committee. Technical Report Series No. 854.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.who.int/en/>

Available at: http://whqlibdoc.who.int/trs/WHO_TRS_854.pdf

35. WHO ACC/SCN (1999). Nutrition and health ageing. SCN News No 19. December. Rome.

Provides information on how to identify, assess and provide nutrition advice for elders at risk and for healthy ageing.

Contributors from Africa, China, Brazil, Cuba and the Americas region present material on diabetes, energy requirements, lifestyles and human rights as they relate to the ageing process.

Availability: Online

Contact: <http://www.who.int/en/>

Available at: <http://www.unsystem.org/scn/archives/scnnews19/index.htm>

36. WHO, UNHCR, IFRC and WFP (2000). The management of nutrition in major emergencies. Geneva: United Nations.

This manual aims to assist those involved in the management of major emergencies with a nutritional component.

A practical guide to measures needed to ensure that the food and nutrition needs of disaster-stricken populations are adequately met.

Availability: Printed version, and downloadable online as pdf

Contact: <http://www.who.int/>

Available at: <http://whqlibdoc.who.int/publications/2000/9241545208.pdf>

37. WHO & FAO (2002). Living well with HIV/AIDS: A manual on nutritional care and support for people living with HIV/AIDS. Geneva: United Nations.

This manual provides practical recommendations for a healthy and balanced diet for PLWHA in countries with a low resource base.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.fao.org/>

Available at: http://bvsm.s.saude.gov.br/bvs/publicacoes/34living_well.pdf

38. WHO and Tufts University, School of Nutrition and Policy (2002). Keep fit for life: meeting the nutritional needs of older people, WHO 2002.

A comprehensive report on, and review of, scientific evidence linking diet and other factors – particularly exercise – affecting nutritional status, disease prevention and health promotion for older persons. Chapters include:

Epidemiological and social aspects of ageing, health and functional changes with ageing, impact of physical activity, assessing the nutritional status of older persons (Chapter 5, pages 49-53) and nutritional guidelines for healthy ageing.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.who.int/>

Available at: <http://whqlibdoc.who.int/publications/9241562102.pdf>

TRAINING RESOURCE LIST

39. WHO (2008). Older people in emergencies: an active ageing perspective.

This report considers the contribution that older people can make during natural or conflict-related emergencies and in reconstruction phases. It describes the converging trends of rapid growth of the population over 60 years of age and of health emergencies, and outlines the resulting challenges. It then outlines the basic elements of emergency planning, drawing on case studies to identify the impacts of these situations on older people. It looks at the WHO Active Ageing policy framework and offers a policy response.

Authored by: Louise Ploiffe

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.who.int/>

Available at: <http://www.who.int/ageing/publications/EmergenciesEnglish13August.pdf>

40. World Vision International (2008). Food Resource Manual: 2nd Edition. USA: WVI.

The core purpose of this manual is to equip those involved in the delivery and distribution of food to better serve the poor, improve management and accounting for the food aid resources, and to show good stewardship of the food aid resources entrusted to World Vision.

Availability: Printed version in English, French and Spanish and online

Contact: <http://www.wvi.org/>

Available at: <http://www.wvifood.org/foodmanual/index.html>

Additional reviews, articles, resources and web links to nutrition and other information related to older people

The following resources, links and websites can provide you with further information on current events, debates and discussions on a variety of aspects of the lives, and nutrition, of older people in emergencies, and in developing countries generally.

Technical discussion papers and reviews

41. ENN and SCUK (2004). Targeting food aid in emergencies. ENN special supplement. Oxford: ENN.

Technical paper that provides guidance on the design of food targeting systems in emergencies including rapid and slow onset emergencies and responses aimed at emergency preparedness, in acute and protracted settings.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.ennonline.net/>

Available at: <http://www.ennonline.net/pool/files/ife/supplement22.pdf>

42. ENN (2007). Review of the published literature of the impact and cost-effectiveness of six nutrition related interventions. Oxford: ENN.

Review of the published evidence for the impact and cost-effectiveness of six key humanitarian interventions commonly implemented in emergencies – including general ration distribution. The review identifies gaps in the literature and suggests methodologies for filling these gaps.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.ennonline.net/>

Available at: <http://www.ennonline.net/pool/files/ife/enncidasfpreport.pdf>

43. ENN and Oxfam (2007). From food crisis to fair trade; livelihood analysis, protection and support in emergencies. Oxford: ENN.

Technical paper that collates and analyses recent experiences of livelihoods programming in emergencies. Chapter 4 examines situations where food aid is not necessarily the right response to address food insecurity or impact of disasters on livelihoods.

Availability: Downloadable pdf format in English

Contact: <http://www.ennonline.net/>

Available at: http://reliefweb.int/sites/reliefweb.int/files/resources/C5D10E3135542FDDC12575150032976B-ENN_Mar2006.pdf

44. FANTA (2002). Use of Compact Foods in Emergencies: Technical Note 3. Washington DC: FANTA.

Provides a brief overview of the growth of compact foods in emergencies and seeks to highlight the key issues and considerations on the use of compact foods and to identify gaps. The focus of this note is on compact foods used for the whole population in the initial stages of an emergency.

Availability: Downloadable pdf format in English

Contact: <http://www.fantaproject.org/>

Available at: http://www.unscn.org/layout/modules/resources/files/Refman_84_FANTA_Technical_Note_3_-_use_of_compact_foods.pdf

45. FAO, WFP and IFAD, 2012. The State of the World's Food Insecurity (2012).

Availability: Downloadable pdf format in English

Contact: <http://www.fao.org>

Available at: <http://www.fao.org/docrep/016/i3027e/i3027e.pdf>

HelpAge International (2010). A study of humanitarian financing for older people. London: HelpAge.

Study quantifying the humanitarian aid explicitly directed at older people through the UN Consolidated Appeals Process (CAP) and Flash Appeals in 12 humanitarian crises since 2007, covering a total of 1,912 projects.

Availability: Printed and pdf version in English

Contact: <http://www.helpage.org/>

Available at: www.helpage.org/download/4cd984edb1147/

46. HelpAge International and handicap international (2012). A study of humanitarian financing for older people and people with disabilities. London: HelpAge.

Study analysing humanitarian financing for older people and people with disabilities, following on from the 2010 report (see above).

Availability: Printed and pdf version in English and French

Contact: <http://www.helpage.org/>

Available at: www.helpage.org/download/4f4222be3ce76

Or <http://www.handicap-international.fr/report> (French version)

47. HelpAge International (2012). Nutrition and baseline survey of older people in Haraze Albiar, Chad, June 2012.

A detailed report of a nutrition survey conducted among people aged 60 years and above in a district of Chad in June 2012. Also provides recommendations for the inclusion and targeting of services for older people, and the need to integrate the management of chronic diseases in humanitarian response.

Authored by: Pascale Fritsch and Mark Myatt

Availability: pdf downloadable from website in English

Contact: <http://www.helpage.org>

Available at: <http://www.helpage.org/silo/files/nutrition-and-baseline-survey-of-older-people-in-haraze-albiar-chad-june-2012.pdf>

48. HelpAge International (2011). Nutrition and baseline survey of older people in three refugee camps in Dadaab, October 2011.

A detailed report of a nutrition survey conducted among refugees aged 60 years and above in the three main camps of Dadaab, North East Kenya in October 2011. Also provides recommendations for the inclusion and targeting of services for older people, and discusses thresholds for screening into feeding programmes.

Authored by: Pascale Fritsch and Mark Myatt

Availability: pdf downloadable from website in English

Contact: <http://www.helpage.org>

Available at: http://www.google.co.uk/url?sa=t&rct=j&q=&esrc=s&frm=1&source=web&cd=1&cad=rja&sqi=2&ved=0CDEQFjAA&url=http%3A%2F%2Fdata.unhcr.org%2Fhorn-of-africa%2Fdownload.php%3Fid%3D729&ei=vOjBULPNKsazhAeokoGoDw&usg=AFQjCNEyRRVUOO3zP18AgFCLGFHnZlhmXw&sig2=4_OWYU6BUOiukwCOXSydAA

TRAINING RESOURCE LIST

49. HelpAge International Ageways (2011). Issue 76, February. Themed Issue on Food and Nutrition.

A themed issue of "Ageways" that documents the contribution that older people make to nutrition in families households and communities and is a call to action at all levels to alleviate older people's hunger.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.helpage.org>

Available at: <http://www.helpage.org/resources/practical-guidelines/health-and-care-guidelines/>

50. IASC Inter-Agency Standing Committee (2008). Humanitarian action and older persons: an essential brief for humanitarian actors.

Availability: Printed version and pdf downloadable from website in English and other languages

Contact: <http://www.humanitarianinfo.org/iasc/>

Available at: <http://www.unhcr.org/refworld/docid/490b0c102.html>

51. Jaspars, S. (2000). Solidarity and Soup Kitchens: A review of principles and practice for food distribution in conflict. HPG Report 7. London: ODI.

Technical paper of current principles and practice for food distribution in conflict. The objective of the report is to assist humanitarian agencies develop a more principled approach to food distribution.

Availability: Printed and pdf version in English

Contact: <http://www.odi.org.uk/>

Available at: <http://www.enonline.net/pool/files/ife/7-solidarity-soup-kitchens-principles-practice-food-distribution-conflict.pdf>

52. ODI Humanitarian Policy Group (2010). Food aid and food assistance in emergency and transitional contexts: A Review of current thinking. London: ODI.

This report presents the findings of a review of changes in food aid and food assistance policies and strategies within the international aid system, discusses the shift from food aid to food assistance by key donors, UN agencies and NGOs, details changes in the context in which food assistance is provided and reviews changes in the international architecture and the delivery of food assistance.

Availability: Printed and pdf version in English

Contact: <http://www.odi.org.uk/>

Available at: <http://www.odi.org.uk/sites/odi.org.uk/files/odi-assets/publications-opinion-files/6036.pdf>

53. ODI Relief and Rehabilitation Network (1995). General Food Distribution in Emergencies: from Nutrition Needs to Political Priorities: Good Practice Review 3.

This review is chiefly concerned with assessing the need for food assistance, targeting, planning and determining food rations, and the management and organization of the delivery of general food rations.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.odi.org.uk/>

Available at: <http://www.odihpn.org/documents/gpr3.pdf>

54. WFP (2006) Targeting in Emergencies. Rome: WFP.

Policy document that reviews the definitions of targeting and WFP policies related to targeting in emergencies discusses the process of targeting and targeting errors and offers recommendations for good targeting practice.

Availability: pdf downloadable from website in English

Contact: <http://www.wfp.org/>

Available at: <http://www.wfp.org/sites/default/files/wfp083629.pdf>

55. UNFPA (2007). State of the world's population. Unleashing the potential of urban growth.

Raises issue of older people in urban areas and the need to understand their lives.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unfpa.org/public/>

Available at: http://www.unfpa.org/webdav/site/global/shared/documents/publications/2007/695_filename_sowp2007_eng.pdf

56. WFP (2010) Revolution: From Food Aid to Food Assistance. Rome: WFP.

This paper documents a compilation of state-of-the-art food assistance innovations by WFP. It lays out both new tools and traditional responses that provide life-saving relief, improve nutrition, enhance human capital and strengthen food markets, while supporting country-led food security strategies.

Availability: pdf downloadable from website in English

Contact: <http://www.wfp.org/>

Available at: <https://www.wfp.org/content/revolution-food-aid-food-assistance-innovations-overcoming-hunger>

57. WFP (2010) Nutrition Improvement Approach. Rome: WFP.

The Nutrition Improvement Approach was built on the 2004 WFP Nutrition Policy Papers and 2008-2013 Strategic Plan to help WFP offices translate policy into reality.

Availability: pdf downloadable from website in English

Contact: <http://www.wfp.org/>

Available at: <http://home.wfp.org/stellent/groups/public/documents/resources/wfp214222.pdf>

58. WFP (2007). Enhanced commitments to women to ensure food security. Rome: WFP.

This is a comprehensive study based on research in 48 countries showing how WFP has implemented its 2003-2007 gender policy. For managers planning a food aid intervention targeting women.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.wfp.org/>

Available at: [http://www.wfp.org/sites/default/files/Gender%20Policy%20\(2003-2007\)%20Enhanced%20Commitments%20to%20Women%20to%20Ensure%20Food%20Security.pdf](http://www.wfp.org/sites/default/files/Gender%20Policy%20(2003-2007)%20Enhanced%20Commitments%20to%20Women%20to%20Ensure%20Food%20Security.pdf)

59. WFP/IFPRI (2005). Assessing the effectiveness of community-based targeting of emergency food aid in Bangladesh, Ethiopia and Malawi. Rome: WFP.

Provides an overview of effectiveness of three community-based targeting food distribution systems. For managers planning community-based targeting systems.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.ifpri.org/>

Available at: http://www.ifpri.org/sites/default/files/publications/Community-based_targeting.pdf

60. WFP/IFPRI (2004). Rethinking food aid to fight AIDS. Rome: WFP.

This document reviews food aid strategies using an HIV/AIDS lens in order to reduce the risk and mitigate the impact of the pandemic. For managers planning an intervention to assist HIV/AIDS affected people.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.ifpri.org/>

Available at: <http://www.ifpri.org/sites/default/files/publications/rethinkaids.pdf>

Training courses

61. FANTA (2004). A Training Manual. Washington: FANTA.

A three- to five-day course is designed to enable African institutions to integrate nutrition and HIV and AIDS into their training programmes. The manual provides technical content, presentations, hand-out materials and can be used in conjunction with a set of PowerPoint training modules.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.fantaproject.org/>

Available at: <http://www.fantaproject.org/focus/preservice.shtml>

62. FAO (1999). Field programme management: Food, Nutrition and Development. Rome: FAO.

The one-week training package provides technical information, case studies and exercises to assist fieldworkers in carrying out the daily tasks and aims to improve skills in solving community nutrition problems. Participants learn to assist communities in identifying their problems and planning, implementing and monitoring activities. All of the key elements required to conduct a five-day course are provided in one package. It includes some good examples for field workers involved in establishing community-based targeting food distribution systems.

Availability: Printed version in English

Contact: <http://www.fao.org/>

TRAINING RESOURCE LIST

63. FAO and University of Western Cape (2004). User's training Manual: Improving Nutrition Programmes – An assessment Tool for Action. Rome: FAO.

Training manual developed to enhance the capacity of the assessment team members to conduct nutrition programme assessments, founded on a common understanding of concepts underpinning effective and sustainable community-based nutrition programmes. The manual is divided into six topics, to be taught over three to five days. The package can be adapted to the level of the learners involved and the amount of time available. A field visit is recommended. Each topic consists of key issues, case studies, ideas for discussion related to conducting an assessment, trainer's notes and a set of hand-outs for the learners. A series of overhead transparencies have also been prepared to assist you. It is based on the lessons learned from them. A technical guide entitled *Improving Nutrition Programmes: an Assessment Tool for Action (AT)* was developed by FAO (separate reference). The most useful modules would be on participatory monitoring including methods for collecting information and basic analysis and interpretation.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.fao.org/>

Available at: http://www.unscn.org/layout/modules/resources/files/Refman_70_FAO_2004_Training_manual_Improving_nutrition_progr.pdf

64. UNHCR and ICH (2003). Micronutrient malnutrition-detection, measurement and Intervention – training pack for field staff. Geneva: UNHCR.

Training course on micronutrient malnutrition made up of PowerPoint presentations, hand-outs and photo cards aimed at raising awareness of micronutrient deficiencies. Useful for managers planning food aid rations and must consider the risk of MDD.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unhcr.org>

Available at: <http://www.unhcr.org/45fa70012.pdf>

65. University of Nairobi, FSAU and FAO (2005). Training Package of Materials for the Course Food and Nutrition Surveillance and Emergency. Rome: FAO.

This training course provides an understanding of the nutritional outcomes of emergencies (malnutrition, mortality and morbidity) and also the causes of malnutrition and mortality in emergencies (the process and dynamics of an emergency). The course has an operational focus and incorporates relevant applied research. The course is divided into three parts.

Availability: Unknown

Contact: <http://www.unscn.org/en/home>

Available at: http://www.unscn.org/en/resource_portal/index.php?&themes=211&resource=238

66. WFP and Feinstein International Famine Centre (2001). WFP Food and Nutrition Training Toolbox. Rome: WFP.

A basic five-day training course on food and nutrition aimed at getting participants to gain a greater understanding of food and nutrition in relation to WFP's work, and will provide opportunities for participants to practise related basic skills. It includes 13 sessions and three guides: Trainer's guide, Workshop Organizer's Guide and Training Materials for Participants. It provides a comprehensive overview of issues surrounding food aid.

Availability: Cannot be downloaded

Contact: <http://www.wfp.org/>

67. WFP (2000). Gender-sensitive Food Aid programme. Rome: WFP.

Training manual for WFP gender trainer.

Availability: Printed version

Contact: <http://www.wfp.org/>

68. WHO and FAO (2002). Nutritional care and support for people living with HIV/AIDS: A training course. Geneva: United Nations.

A training course for caregivers of PLWHA and their families that focuses on practical nutrition care and communication skills.

Availability: Printed version

Contact: <http://www.who.int/>

Key resources relating to older people in emergencies

- 69. ADTF (2011). Ageing and disability in humanitarian response: a resource book of inclusive practices.**
Availability: http://www.cbm.org/article/downloads/54741/ADTF_Report.pdf
- 70. Age UK and HelpAge joint report (2011). On the edge: why older people's needs are not being met in humanitarian emergencies.**
Availability: www.helpage.org/resources/publications/?ssearch=On+the+edge&adv=0&topic=0®ion=0&language=0&type=0
Contact: <http://www.helpage.org/>
- 71. Bramucci G (2006). Rebuilding lives in longer-term emergencies: Older people's experience in Darfur. London: HelpAge International.**
Contact: <http://www.helpage.org/>
- 72. Busolo D (2002). Assessment of adults and older people in emergencies: approaches, issues and priorities. Recommendations. HelpAge International presentation.**
Contact: <http://www.helpage.org/>
Available: http://pdf.usaid.gov/pdf_docs/PNACS014.pdf
- 73. HelpAge International (1999). Ageing and development report: poverty, independence and the world's older people. HAI/EarthScan, London.**
Availability: Printed version and pdf downloadable from website in English
Contact: <http://www.helpage.org>
Available at: www.helpage.org/download/4d066f9532eba/
- 74. HelpAge International (2000). Rights pack: Rights and older people.**
Pack explains human rights theory, and contains key texts and further resources. Free, in English.
Contact: <http://www.helpage.org/>
- 75. HelpAge International (2001). Equal treatment, equal rights: ten actions to end age discrimination.**
This report describes the impact that age discrimination has on older people and their families. It sets out the action needed to ensure that older people across the world benefit from the full range of internationally accepted human rights.
Availability: Booklet, in English and Spanish
Contact: <http://www.helpage.org/>
Available at: www.helpage.org/download/4c463e3e0ab97/
- 76. HelpAge India, HelpAge Sri Lanka, ResAge in Indonesia (2005). The impact of the Indian Ocean tsunami on older people – issues and recommendations.**
London: HelpAge International.
Availability: <http://www.helpage.org/Emergencies/IndianOceansunami/News/@23298>
- 77. HelpAge International (2007). Older people's associations in community disaster risk reduction.**
Availability: Printed version and pdf downloadable from website in English
Contact: <http://www.helpage.org>
Available at: www.helpage.org/download/4c3ce6b507af6
- 78. HelpAge International (2007). Strong and fragile: learning from older people in emergencies. London: HelpAge International.**
Authored by: Day W, Pirie A and Roys C.
Availability: Printed version and pdf downloadable from website in English
Contact: <http://www.helpage.org>
Available at: <http://www.icva.ch/doc00002771.pdf>

TRAINING RESOURCE LIST

79. HelpAge International (2010). Unreported lives: the truth about older people's work.

A report that reveals the scale and breadth of the work that older people do in low- and middle-income countries, the reasons they work and the challenges they face. It dispels the myths about older people – that they are inactive, are a burden on society and on their families and make no positive contribution in the economy.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.helpage.org/>

Available at: www.helpage.org/download/4c3cf8a72ad62

80. HelpAge International (2010). Humanitarian response for older people in Haiti: three months on.

Availability: Printed version and pdf downloadable from website in English

Contact: http://www.helpage.org

Available at: www.helpage.org/download/4cbec81f1ec4c

81. Hutton D (2008). Older people in emergencies: considerations for action and policy development. WHO.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.who.int/>

Available at: http://www.who.int/ageing/publications/Hutton_report_small.pdf

82. Public Health Agency of Canada (2008). Building a global framework to address the needs and contributions of older people in emergencies.

Minister of Public Works and Government Services.

This report reflects the collective views of participants at the 2007 Winnipeg International Workshop on Seniors and Emergency Preparedness.

Contact: <http://www.phac-aspc.gc.ca/index-eng.php>

Availability: Printed version and pdf downloadable from website in English

Available at: <http://www.phac-aspc.gc.ca/seniors-aines/alt-formats/pdf/publications/pro/emergency-urgence/global-mondial/global-eng.pdf>

83. UNHCR (2001). Women, children and older refugees – the sex and age distribution of refugee populations with a special emphasis on UNHCR policy priorities.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unhcr.org>

Available at: <http://www.terzomondo.org/library/essentials/GroupsofHighVulnerability-hcr.pdf>

84. WHO and UNFPA (2007). Women, Ageing and Health: A Framework for Action.

Availability: Printed version and pdf downloadable from website in English

Contact: <http://www.unfpa.org>

Available at: <http://www.unfpa.org/public/publications/pid/381>

Articles related to older people in developing countries**Asian Development Bank (2011). Ageing population challenges in Africa.**

www.adb.org/publications

Aboderin I (2012). Ageing Africa: Opportunities for development.

In: Beard J, Biggs S, Bloom D, Fried L, Hogan P, Kalache A and Olshansky J. *Global population ageing: peril or promise?* Harvard University Program on the Global Demography of Aging Working Paper Series, no. 89. January. Chapter 14: pages 69-73.

<http://www.hsph.harvard.edu/pgda/working.htm>

Aboderin I (2010). Understanding and advancing the health of older population in sub-Saharan Africa: policy perspectives and evidence needs.

Public Health Reviews: 32 (2); 357-376.

Aboderin I and Ferreira M (2008).

Linking ageing to development agendas in sub-saharan Africa: challenges and approaches. *Population Aging*: 1: 51-73.

DOI: 10.1007/st12062-009-9002-8

Apt, N A (2011). Aging in Africa: past experiences and strategic directions.

Ageing International. Published online 6 December 2011. DOI: 10.1007/s12126-011-93138-8

Beard J, Kalache A, Delgado M and Hill T (2002). Ageing and urbanization.

In: Beard J, Biggs S, Bloom D, Fried L, Hogan P, Kalache A and Olshansky J. *Global population ageing: peril or promise?* Harvard University Program on the Global Demography of Aging Working Paper Series, no. 89. January. Chapter 93: pages 93-96.
<http://www.hsph.harvard.edu/pgda/working.htm>

Beard J, Biggs S, Bloom D, Fried L, Hogan P, Kalache A and Olshansky J (2012). Global population ageing: peril or promise?

Harvard University Program on the Global Demography of Aging Working Paper Series, no. 89. January.
<http://www.hsph.harvard.edu/pgda/working.htm>

Ezeh A, Chepngeno-Langat G, Abdhahah Z and Woubalem Z (2006). The situation of older people in poor urban settings: the case of Nairobi, Kenya.

In: Cohen B and Menken J (eds). *Ageing in Sub-Saharan Africa: recommendations for furthering research*. Washington US, The National Academies Press; pages 7-45.

Global Health Action (2010). Vol 3, Supplement 2. Growing older in Africa and Asia: multicentre study on ageing, health and well-being.

Availability: www.globalhealthaction.net/index.php/gha/issue/view/408

Heslop A and Gorman M (2002). Chronic poverty and older people in the developing world.

Chronic Poverty Research Centre. January Working Paper No 10. HelpAge International.

Kalache A and Blewitt R (2002). Human rights in old age.

In: Beard J, Biggs S, Bloom D, Fried L, Hogan P, Kalache A and Olshansky J. *Global population ageing: peril or promise?* Harvard University Program on the Global Demography of Aging Working Paper Series, no. 89. January. Chapter 89; pages 89-92.
<http://www.hsph.harvard.edu/pgda/working.htm>

Kesselly L (2002). Focusing on older refugees.

Forced Migration Review 14. July, page 17.

Kyobutungi C, Ezeh A, Zulu E and Falkingham J (2009). HIV/AIDS and the health of older people in the slums of Nairobi, Kenya: results from a cross sectional survey.

BMC Public Health 9: 153 DOI: 10.1186/1471-2458-9-153

Monasch P and Boerma J (2004). Orphanhood and childcare patterns in sub-saharan Africa: an analysis of national surveys from 40 countries.

AIDS: 18 (suppl 2) S55-S65.

Oxford Institute of Ageing (2010).

Report on adapting health care of an ageing population.

Population Reference Bureau (2007). How does HIV/AIDS affect the elderly in developing countries?

Today's Research on Ageing: 6 1-4.

Research on Ageing, health and poverty in Africa: forging directions for the future (2005).

Oxford Institute of Ageing 11-13 April 2005. In: *Gerontology Reviews* (?): vol 15 (2), April 2005.

Ssengonzi R (2007). The plight of older persons as caregivers to people infected/affected by HIV/AIDS: evidence from Uganda.

Journal of Cross-Cultural Gerontology 22: 339-353.

UN OCHA (2012). Asia: isolation and poverty loom for an aging population.

IRIN newsletter. 14th February. Bangkok. <http://www.irinnews.org/report.aspx?reportid=94856>

TRAINING RESOURCE LIST

UNHCR (2001). Women, Children and Older Refugees: The Sex and Age Distribution of Refugee Populations with a Special Emphasis on UNHCR Policy Priorities,

Population Data Unit, Population and Geographic Data Section, UNHCR, 19 July 2001, Geneva.

Welle Deutsche (2011). Old and forgotten: Africa's elderly face more problems.

Global Action on Aging. December 16th, 2011.

White R, Stewart B and O'Neill (2010). Access to food in a changing climate.

Oxford University: Environmental Change Institute, School of Geography and the Environment, and Institute of Ageing.

World Assembly on Ageing II (2002).

HIV/AIDS and older people. March.

Zahidi S (2012). Women and ageing.

In: Beard J, Biggs S, Bloom D, Fried L, Hogan P, Kalache A and Olshansky J. *Global population ageing: peril or promise?*

Harvard University Program on the Global Demography of Aging Working Paper Series, no. 89. January.

<http://www.hsph.harvard.edu/pgda/working.htm>

chapter 3: pages 21-24.

Articles related to technical issues of nutrition in older people**ACC/SCN (2000). Fourth report on the World Nutrition Situation.**

Nutrition through the life cycle. Geneva. ACC/SCN in collaboration with IFPRI.

Bader C (2011). "CMAM for adults"? Identifying obstacles in caring for adults with undernutrition in the humanitarian emergency context.

Unpublished MMedSci thesis, University of Sheffield. June 2008 cohort.

Bailey KV and Ferro-Luzzi A (1995). Use of body mass index of adults in assessing individual and community nutritional status.

Bulletin of WHO 73: 673-680.

Charlton K and Rose D (2001). Nutrition among older adults in Africa: the situation at the beginning of the Millennium. *Journal of Nutrition*:

131; 2424S-2428S. Symposium: Nutrition and Ageing in the developing world.

Chilima DM and Ismail SJ (2000). Nutrition and handgrip strength of older adults in rural Malawi.

Public Health Nutrition 4: 11-17.

Chilima DM and Ismail S (1998). Anthropometric characteristics of older people in rural Malawi.

European Journal of Clinical Nutrition 52: 643-649.

Ferro-Luzzi A and James WPT (1996). Adult malnutrition: simple assessment techniques for use in emergencies.

British Journal of Nutrition: 75 (1); 3-10.

Frisancho AR (2009). Anthropometric standards: an interactive nutritional reference of body size and body composition for children and adults.

The University of Michigan Press.

Habyarimana E (2002). Older displaced people: at the back of the queue?

Forced Migration Review: 14 (July); page 19.

Kimokoti RW and Hamer DH (2008). Nutrition, health and aging in Sub-Saharan Africa.

Nutrition Reviews 66: 611-623.

Manandhar M (1995). Functional ability and nutritional status of free-living elderly people.

Proceedings of the Nutrition Society. 54: 677-691.

Pieterse S, Manandhar M and Ismail S (1998). The nutritional status of older Rwandan refugees.

Public Health Nutrition 1: 259-264.

Salama P and Collins S (2000). An ongoing omission: adolescent and adult malnutrition in famine situations.

Refuge. Vol 18, no 5 (January); 12-15.

Sear R, Mace R and McGregor IA (2000). Maternal grandmothers improve nutritional status and survival of children in rural Gambia.

Proc Biol Sci. 2000 Aug 22;267(1453):1641-7.

Tayie F, Adjeytey-Sorsey E, Armah J, Busolo D, Ima E (2004). Prevalence of undernutrition among elderly persons in Accra, Ghana.

Med J; 38; 51-55.

Tucker K and Buranapin S (2001). Nutrition and aging in developing countries.

Journal of Nutrition: 131; 2417S-2423S. Symposium: Nutrition and Aging in the Developing World.

Vespa J and Watson F (1995). Who are the nutritionally vulnerable in Bosnia-Hertzevovina?

British Medical Journal 311: 652-654.

Growing older in Africa and Asia: Multicentre study on ageing, health and well-being. An INDEPTH WHO-SAGE collaboration. (2010)

Global Health Action, Supplements to Global Health Action eISSN 1654-9880, ISSN 1654-9716

<http://www.globalhealthaction.net/index.php/gha/article/view/5661>

Zohoori N (2001). Nutrition and healthy functioning in the developing world.

Journal of Nutrition: 131; 2429S-2432S. Report of a Symposium: Nutrition and Aging in the Developing World. Useful academic paper that discusses the social and economic determinants of nutrition for older people and the relationship of nutritional status to healthy functioning in daily life.

Web links

85. Age UK

<http://www.ageuk.org.uk/international>

The organisation has a vision of a world in which older people flourish and a mission to improve the lives of older people, not just in the UK, but all around the world. Age UK and HelpAge International work together to support older people to lead more fulfilling lives in over 40 developing countries. They run long-term development and short-term emergency relief programmes.

86. ENNET (Emergency Nutrition Network)

ENNET resources (regular publications, special supplements, meeting reports, research papers, information on training courses, activity reports. The Field Exchange.

Available: <http://fex.ennonline.net>

See in particular discussions relevant to the nutritional assessment of older people in emergencies:

- MUAC cut-offs for adults, 2009 (B Teshome, M Golden, M Myatt); available at: <http://www.en-net.org.uk/question/169.aspx>
- Nutritional status and vulnerability of older people, 2012 (M Manandhar, M Myatt, P Delchevalerie, C Bader, T Walters); available at: <http://www.en-net.org.uk/question/597.aspx>
- Treatment of SAM in older people through outpatients, 2012 (Pascale, Gwyneth, C Bader, M Golden, P Delchevalerie); available at: <http://www.en-net.org.uk/question/866.aspx>

TRAINING RESOURCE LIST

87. Global Action on Aging

<http://www.globalaging.org>

Contact: globalaging@globalaging.org

88. Global AgeWatch

An eNewsletter focusing on policies around ageing, and briefings on key topics such as health, income security and global ageing.

Available at: <http://www.helpage.org/enewsletters>

89. Global Ageing Issues and Action

<http://www.ifa-fiv.org>

90. Global Alliance for the Rights of Older People

<http://www.rightsalliance.org>

91. The Grandmother Project

<http://www.grandmotherproject.org>

Builds on cultural values and assets, and the knowledge and experience of grandmothers and elders as resources in the development of community programmes and the promotion of sustainable change in communities.

92. Handicap International

<http://www.handicap-international.org>

An independent impartial international aid organization operating in situations of poverty and exclusion, conflict and disaster. Working alongside persons with disabilities and other vulnerable groups. Handicap International also produces the Disabled, Vulnerable and Frail Persons DVFP Assessment Tool which is used by HelpAge International for assessment and surveillance.

Contact: Contact@handicap-international.org

93. HelpAge International

<http://www.helpage.org>

HelpAge helps older people to claim their rights, challenge discrimination and overcome poverty, so that they can lead dignified, secure, active and healthy lives. The work is strengthened through a global network of like-minded organizations – the only one of its kind in the world. The website gives details of all publications, provides regularly updated news features and describes a variety of practical and advocacy work carried out by HelpAge International staff, members and partners around the world, including reports and documents from HelpAge International Regional Office for Africa.

94. HelpAge International's "Ageing and Development"

A regular briefing which aims to raise awareness of the contribution, needs and rights of older people and to promote the development of laws and policies that will bring a lasting improvement to the quality of life of disadvantaged older people. Published three times a year in English and Spanish (*Tercera Edad y Desarrollo*). Free to policy makers, programme planners and researchers concerned with development and poverty alleviation.

For example, see 2012, Issue 31. Aid failing older people.

Availability: <http://www.helpage.org/resources/publication>

95. HelpAge International's "Ageways"

A journal exchanging practical information on ageing and age care issues, particularly good practice developed in the HelpAge International network. Published three times a year in English and Spanish (*Horizontes*). Free to carers, health workers, members of older people's groups and project staff working with or for older people in developing countries and East and Central Europe.

Also published in Lithuanian and Russian.

<http://www.helpage.org/ageways>

96. Humanitarian Response

<http://www.humanitarianresponse.info/themes/age>

97. IAHASA: International Association of Homes and Services for the ageing.

Forms the Global Ageing Network. Represents 20,000 aging service providers across the world serving almost 5 million people worldwide.

<http://www.iahsa.net>

Contact: iahsa@aahsa.org

98. International Federation of Aging

Holds global conferences on the theme of ageing.

<http://www.ifa-fiv.org>

99. IUNS: The International Union of Nutritional Sciences

Conducts research on ageing and nutrition in the Asia-Pacific region, with a focus on activities of daily living and has a IUNS Task Force on diet, nutrition and long-term health.

<http://www.iuns.org>

100. Non-Communicable Disease Alliance

<http://www.ncdalliance.org>

www.who.int/nmh/events/un_ncd_summit2011/en

101. Pension Watch

An organisation that focuses on pensions, poverty and older people around the world.

<http://www.pension-watch.net>

102. Population Reference Bureau

Reports on demographic change and uses animated graphics to show global trends in population size of children under five and adults over 65.

<http://www.prb.org/articles/2011/agingpopulationclocks.aspx>

103. United Nations Programme on Ageing

Available at <http://www.un.org/esa/socdev/ageing>

104. UNOCHA IRIN Humanitarian news and analysis

See for example:

<http://www.irinnews.org/report.aspx:reported=94856>

105. UN SCN archives

For example on Body Mass Index in adults:

<http://www.unsystem.org/scn/archives/adults/ch05.htm>

106 WHO SAGE

WHO Study on global ageing and adult health. Part of a longitudinal survey programme to compile comprehensive longitudinal information on the health and well-being of adult populations and the ageing process. Sample populations in six countries: China, Ghana, India, Mexico, Russian Federation and South Africa.

<http://www.who.int/healthinfo/systems/sage/en/>

International conferences, plans, policies and rights instruments related to ageing**107. Gorman M (2000). Development and the rights of older people.**

In: Randel J et al., eds. The ageing and development report: poverty, independence and the world's older people. Earthscan Publications Ltd.; 3-21.

108. International Symposium on the rights of older people (2009). London.

See: J Kollapan: The rights of older people – African perspective

See: N Saxena: The rights of older people in Asia

TRAINING RESOURCE LIST

109. UN First World Assembly on Ageing (1982), Vienna and the Vienna International Plan of Action on Ageing.

Availability: www.un.org/es/globalissues/ageing/docs/vipaa.pdf

110. UN Principles for Older Persons (1991).

UN General Assembly Resolution 46/91, 16 December 1991.

Availability: http://www.un.org/esa/socdev/ageing/un_principles.html

111. UN Declaration (1992) of International Year of Older Person IYOP and UN Principles for Older Persons.

(Resolution no 46/91, 1991).

Availability: <http://www.unescap.org/ageing/res/res46-91.htm>

112. UN Convention of Economic, Social and Cultural Rights (CESCR) (1994).

General Comment no 5 (1994) on persons with disabilities.

Availability: [http://www.unhcr.ch/tbs/doc.nsf/\(Symbol\)/482a0aced8049067c12563ed005acf9e?Opendocument](http://www.unhcr.ch/tbs/doc.nsf/(Symbol)/482a0aced8049067c12563ed005acf9e?Opendocument)

113. UN Convention of Economic, Social and Cultural Rights (CESCR) (1995).

UN CESCR General Comment no 6 (1995) on the economic, social and cultural rights of older people.

Availability: <http://social.un.org/ageing-working-group/documents/Coalition%20to%20Strengthen%20the%20Rights%20of%20Older%20People.pdf>

114. UN (1999). International Plan of Action on Ageing and United Nations Principles for Older Persons.

International Year of Older Persons, 1999. UN Department of Public Information (DPI/932/Rev.1-98-24545). New York.

Availability: <http://www.un.org/en/globalissues/ageing/>

115. UN Fact Sheet no 34: The Right to Food (undated).

This fact sheet explains what the right to adequate food is, illustrates its implications for specific individuals and groups, and elaborates upon State parties' obligations with respect to this human right. The fact sheet also provides an overview of national, regional and international accountability and monitoring mechanisms.

Availability: <http://www.ohchr.org/Documents/Publications/FactSheet34en.pdf>

116. UN Second World Assembly on Ageing (2002), Madrid.

Contact: www.un.org/swaa2002/

Availability: www.c-fam.org/docLib/20080625_Madrid_Ageing_Conference.pdf

117. UN (2002). The Madrid International Plan of Action on Ageing (MIPAA).

MIPAA is an international agreement that sets out the policies needed to provide people with security as they enter later life, including several pages devoted to humanitarian action.

Available at http://www.un.org/ageing/documents/building_nat_capacity_guiding.pdf

118. UN (2004). Voluntary guidelines to support the progressive realization of the right to adequate food in the context of national food security.

Availability: www.fao.org/righttofood/kc/downloads/vl/docs/AH269_en.pdf

119. Draft UN Declaration on the rights of older persons (2009).

Allard K Lowenstein International Human Rights Clinic, Yale Law School, with the International Longevity Center. 3rd June.

Availability: <http://lifeforce-in-later-years.org/LiLY-docs-PDF/Draft-United-Nations-Declaration-on-the-Rights-of-Older-Persons.pdf>

120. The Right to Food Nutrition Watch.

A consortium of 15 civil society organizations across the world that produces an annual report (since 2008) which monitors the state of food security and nutrition policies from the perspective of the progressive realisation of the right to food.

Contact: www.rtfn-watch.org/

ISBN: 1 872590 64 0

Produced by the Emergency Nutrition Network (ENN)
32, Leopold Street, Oxford, OX4 1PX, UK.
www.ennonline.net