1. Attachment

Positions
2. Effective Suckling
3. Frequency of breastfeeds

4. Exclusive breastfeeding

Breast milk only for the first 6 months
Exclusive breastfeeding

During the first 6 months

7. Breast Engorgement
8. Sore or Cracked Nipples

9. Plugged Ducts and Mastitis
10. Flat, inverted, large or long nipples

11. Thrush: Infant
12. Maternal Nipple Thrush

13. Low Weight Infant

Cross-arm/cross-cradle
15. Keeping Low Weight Infant Warm at Home
16. Mother away from Infant

17. Breast milk expression, cup feeding and storage of breastmilk
Cup feeding

19. Mother expresses concerns about her diet
20. Twin Delivery
Group Support (or organised support)
Family Support

Partner Support
Non-breastfeeding Counselling and Support

Only Infant Formula
Credits for Images

The images come from the following:

- WHO/UNICEF *Infant and Young Child Feeding Counselling: an Integrated Course* (The source for redrawn B&W images is work submitted for the revision to the ‘Integrated Course’).
- Laid-Back Breastfeeding or Biological Nurturing: La Leche League International.
- The ‘breast problem’ images and ‘cup-feeding’ image came originally from the WHO/UNICEF *Breastfeeding Counselling: a Training Course*, but were used also in the ‘Integrated Course’ and in the UNICEF Community IYCF Counselling Package.
- The ‘grey-scale’ images (more African in appearance) come from the UNICEF Community IYCF Counselling Package.