

A mobile app developed in the Philippines was shared,⁶ the main purpose of which is reporting violations of the Code of Marketing of Breastmilk Substitutes,⁷ although additional modules have been added, including one for growth monitoring. A growth monitoring chart intended for mothers to monitor their child's growth has proven useful for health workers to detect and monitor stunting and wasting in their communities. The growth monitoring module is a simple calculator that can compute the child's weight for height/length, weight for age and height/length for age. Users just enter the child's birth date, weight in kg and height/length in cm. The app can be used offline.

The discussion evolved to consider the use of flags in survey data collection and analysis. Flagged entries during data collection should alert the team to immediately repeat the measurements and verify the age data of the child in question. While flags are meant to highlight 'implausible' values, implausibility does not mean impossibility and there are many reported instances of flagged cases being valid. Excluding them automatically can bias results.

In large surveys, such as Multiple Indicator Cluster Surveys (MICS) or Demographic Health

Surveys (DHS), that collect data from many populations, each population may have different distributions of anthropometric indices and different prevalence of anthropometric indicators. In such cases the mean of the entire survey sample is unlikely to be a suitable reference mean and the assumed standard deviation (i.e., $SD = 1$) will usually be too narrow to set limits that define statistical outliers with the expected probabilities. This will lead to records being flagged incorrectly, likely leading to biased prevalence estimates.

It was proposed that it would be interesting to conduct an analysis of flagged data from multiple data sets and surveys to inform issues around the quality of evidence. The analysis could examine patterns in relation to the timing of measurements being taken, the survey team structure and composition or survey locale. Although participants in the discussion were aware that some analysis of these issues has been done, they were not aware of any systematic global studies.

To read more or join this discussion, go to www.en-net.org/question/3841.aspx

en-net has seen greater uptake by French-speaking users over the past few months, with an

increasing number of posts from French-speaking countries in Africa. These include requests for the national protocol for the management of acute malnutrition in Cameroon (which was subsequently shared), discussion on Ebola virus disease, anthropometry and nutritional care in adults in the Democratic Republic of Congo (www.en-net.org/question/3846.aspx) and a question on thresholds for infant and young child feeding indicators from Cameroon (www.en-net.org/question/3873.aspx)

To join any discussion on *en-net*, share your experience or post a question, visit www.en-net.org.uk or www.fr.en-net.org

To feed back on the site, please write to post@en-net.org

Contributions

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⁶ <https://apps.apple.com/us/app/mbf-ph/id1260502250>
<https://play.google.com/store/apps/details?id=org.motherbabyfriendlyphilippines.android>
<https://play.google.com/store/apps/details?id=com.motherbabyfriendlyphilippines.eopt>

⁷ www.who.int/nutrition/publications/code_english.pdf

Guidance for nutrition in emergencies practitioners on COVID-19

The Global Technical Assistance Mechanism for Nutrition (GTAM) has released a technical brief for Nutrition in Emergencies (NiE) practitioners on COVID-19,¹ in response to requests from country-level teams. The brief provides an overview of available guidance and tools to inform the integration of COVID-19 preparedness and response into humanitarian nutrition responses. Guidance and capacity-building resources are listed with online links in the following areas: preparedness; health and nutrition facility and systems management; management of wasting; nutritional support for patients with COVID-19; infant and young child feeding; workplace precautions and research.

Key considerations for emergency settings are summarised where applicable guidance is currently available. The brief emphasises the need for preparedness actions to ensure comprehensive medical, nutritional and psychosocial care for those with COVID-19. In terms of health systems management, The World Health Organization (WHO) recommends that facilities and nutrition centres apply standard precautions (such as respiratory and hand hygiene measures) for all patients and additional precautions (contact, droplet and airborne) for suspected COVID-19 cases. Administrative controls and policies are also recommended for the prevention and control of transmission of the virus and recommendations

are made on the rational use of personal protective equipment in light of expected global supply chain disruptions.

In terms of the management of wasting, it is recognised that, during an influenza pandemic, levels of malnutrition may increase. To prevent malnutrition, key family practices and treatment of common illness should be encouraged and the health and food security sectors closely linked. Programmes may need to be adjusted (for example, to avoid mass gatherings and decrease frequency of follow-up visits at health facilities). Existing community-based management of acute malnutrition (CMAM) programmes should continue if possible, but new CMAM programmes are not recommended during an influenza pandemic. Supplementary feeding programmes should continue if possible, as should inpatient therapeutic feeding programmes, with separate isolation areas for patients with suspected influenza.

There is currently no guidance for the nutritional support of COVID-19 patients. However, Centers for Disease Control (CDC), United Nations Children's Fund (UNICEF), WHO and other agencies have issued clear statements about COVID-19 and breastfeeding. Based on the known benefits of breastfeeding and limited evidence that the COVID-19 virus is not present in breastmilk, continuation of breastfeeding is advised, regardless

of COVID-19 status. The main risk of transmission between a caregiver and their child is through close contact (respiratory air droplets). For caregivers with suspected or confirmed COVID-19 infection, precautions to prevent transmission, such as frequent handwashing, are recommended when feeding infants and young children. Breastfeeding mothers should not be separated from their newborns, although breastfeeding mothers with suspected or confirmed COVID-19 infection can consider asking someone who is well to feed the infant; for example with expressed breastmilk from a spoon or cup. Breastfed children of patients who are too unwell to breastfeed or who have died may require replacement feeding with a nutritionally adequate diet; for example, donor human milk through wet nursing or with a breastmilk substitute. With regard to feeding children expressed breastmilk, as per the Operational Guidance on Infant and Young Child Feeding in Emergencies (OG-IFE),² the use of breast pumps should only be considered when their use is vital and where it is possible to clean them adequately, such as in clinical settings. The use of feeding bottles and teats is discouraged due to high risk of contamination and difficulty in cleaning. The use of cups without spouts should be supported from birth. General guidance on IYCF in the context of infectious disease outbreaks can be found in the OG-IFE.

Given the rapidly evolving situation, this brief will be updated every two weeks until further notice. Visit the GNC website to view the latest version at <http://nutritioncluster.net>

¹ <http://nutritioncluster.net/resources/gtam-covid19-nutrition-technical-brief-20200313-final/>

² www.enonline.net/operationalguidance-v3-2017