Preparing formula in care settings
For infants at greatest risk, use sterile liquid infant formula.

Clean & sterilize
Clean and sterilize all feeding and preparation equipment before using it.

Why? Cleaning and sterilizing kills harmful bacteria on equipment that may grow in the feed once it is prepared.

Use water no cooler than 70ºC
Use water that is no cooler than 70ºC to prepare feeds from powdered infant formula.

Why? This temperature will kill harmful bacteria that may be present in powdered formula.

Cool quickly and feed immediately
Once a feed is prepared, quickly cool to feeding temperature and feed immediately.

Why? The longer a feed is kept after it is prepared, the greater the chance that harmful bacteria will grow in it.

Refrigerate feeds you want to use later
If you need to store feeds for use later - put them in the refrigerator (5ºC or less).

Why? Low temperatures (5ºC or less) will slow down or stop the growth of harmful bacteria.

Throw out left-overs
Throw out feed that has not been consumed within two hours.

Why? The longer a feed is kept after it is prepared, the greater the chance that harmful bacteria will grow in it. Storing feeds in the refrigerator means that you can store them for a little bit longer.

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In care settings

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